



Club Internet Web Links:

<http://www.geocities.com/strcc2002/index.htm>

<http://racingrookies.tripod.com> (no www)

STRCC 2004 Officers

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NEWS

Seven Towers R/C Club, Arlington, Texas
October 2004 - Volume 17 Issue 10

Mail Correspondence and Membership Dues to:

STRCC

P.O. Box 174334

Arlington, Texas 76003

Club Upcoming Events

Monday, November 8 at 7:00 PM
Club Meeting at SIMSCO

Meeting Notes

Simsco – October 11, 2004

The meeting was started at 7:00 P.M. by President Mario Gonzalez. Treasurer Bill Jones did not find any receipts of a memorial stone being bought in memory of Clay Ramskill at AMA. Bill will reorder a stone with the AMA as this was approved a few years back.

Bill Jones is continuing to file the appropriate paperwork to obtain a non-profit status with the state of Texas.

Mario Gonzalez had some good news to report on the possibility of finding a new site. He has contacted a private company that has some land in a flood plain. There are some things that are being worked out, but it does sound promising.

Because there is the possibility that STRCC will be back flying with a new field,

there was some discussion about ways to surface a runway. Golden Triangle has had some success with petramat. There was an article in the last AMA magazine on this type of surface. (Editors note: In the AMA magazine, it was noted that for a 45 X 300' runway, the cost of the materials was around \$2400. If anyone knows how or who to contact about putting in any type of hard surface, please come to the next meeting to share your information.)

Ralph Snow mentioned that at the Roosevelt field next to Dal Worthington Gardens City Hall, there was going to be an electric combat session.

After the meeting, Joe Sudduth brought one of his Nelson motors for show and tell. The motor he brought was a Nelson Q500 motor. It was a nice piece of work and will run 19K with an 8.8 X 9 prop.

It was also mentioned that Greater Southwest was having races called "Run What ya Brung." You can contact Craig Bevil for these races or see the GSW website at: www.flygsw.org.

Bruce Anderson – STRCC Newsletter Editor

Flying Field Requirements

When we are able to obtain a new field, the following items will be needed. If you can think of other things or have some suggestions on what needs to be at a flying field, come to the next meeting and discuss them!

Hope to see ya at the meeting.

Items that will be needed at a new field:

- 1) Signs
 - a. AMA Safety Code
 - b. Flying / Site Rules
 - c. No Spectators Beyond this point
 - d. Parking area
- 2) Frequency Board
- 3) Runway
- 4) Barriers for:
 - a. Pilot Line
 - b. Between pits and spectators
- 5) Garbage Barrels
- 6) Starting benches for planes
- 7) Restroom
- 8) Benches
- 9) Sunshades
- 10) Shed for mower
- 11) Wind Sock
- 12) First Aid Kit



Joe Sudduth brought his latest jewel. A Nelson 40. It will turn a 8.8 X 9 prop over 19K rpm. Look at the diameter of the carburetor. I imagine that this engine will go through the fuel quickly!



**Don't forget the next Club Meeting
is at Simsco
November 8 - 7:00 PM**

STRCC 2004 Flight Instructors:

Melvin Bowser*	(817) 370-0863
Joe Sudduth*	(817) 572-2091
Bruce Anderson*	(817) 483-8223
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Stan Sims	(817) 483-0240
Rick Byrd	(817) 294-2048
<u>Safety Officer</u>	
Craig Bevil	(817) 905-6144

* indicates AMA introductory pilot program call an instructor if you need assistance for training

Does RC Flying Qualify as Exercise?

Is the flying of Radio Control (RC) aircraft considered adequate exercise? Arguments for and against are described below.

Almost every flier gets up at 6 a.m. to fly in the mild breezes of dawn.

Problem: A person has to get up more than once before they are considered to be doing sit-ups.

RC fliers tend to have larger thumbs.

Problem: There is no known association between cardiovascular fitness and large thumbs.

RC fliers often bend down or squat near their airplanes. Problem: It has been noticed that once they are down, they have a hard time getting up.

Some of the terminology sounds like exercise. For example, sport aerobatics, fuel, or gear.

Problem: Terminology in and of itself is insufficient evidence of an adequate aerobics exercise program.

RC fliers often are seen walking in the woods. Problem: Generally, they only walk in the woods once a quarter, and that is not for exercise but to recover a downed aircraft.

Weight lifting involves a buddy to spot the lifter. Problem: Even though club members use a "buddy box" and often "spot" real airplanes, the concepts involved are quite different than those used in body building.

In an exercise program, an individual is known to sweat after about 20 minutes.

RC fliers also are known to sweat after about 20 minutes. This is the only assertion where similarities exist between exercise programs and RC flying.

People who exercise usually have better eyesight. Fliers often have to see at great distances but generally cannot tell whether the object they are looking at is right side up.

Persons involved in exercise programs often are fixated on building the perfect shape.

Similarly, RC builders are fixated on achieving the perfect shape, but in this case, we are talking about the aircraft, not the person. The individual may actually be way out of shape.

Those involved in exercise programs are concerned about weight gain.

RC builders are equally concerned about weight gain, but again the focus is on the aircraft.

People who are successful in exercise programs generally work out at the same time of day, five times a week.

RC fliers can be found at the field on the same days and times.

Conversations among those who exercise regularly often is laced with letter and number combinations, (B-6, B-12, the B complex). Similarly, RC flier conversations contain letter and number combinations (B-52, P-26).

from The Beam
Eglin Aero Modellers
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